

## **The Arc of the Central Chesapeake Region** **Changing Minds, Changing Lives for More Than 48 Years**

**NOMINATIONS ARE INVITED FOR BOARD OF DIRECTORS of dynamic nonprofit advocacy and services organization for children and adults with cognitive and developmental disabilities. This is a real opportunity to strengthen advocacy with and for people with disabilities and their families.**

Please forward the attached questionnaire to: The Arc of the Central Chesapeake Region, c/o Nominating Committee, 931 Spa Road, Annapolis, Maryland 21401. Or fax to 410-269-0091. Or email to [ademoreland@thearcccr.org](mailto:ademoreland@thearcccr.org) with subject line: Nominations.

*We are seeking:* The Arc of the Central Chesapeake Region seeks self-nominations for service on the Board of Directors for a period of 3 years, with opportunity for re-election to a second term. We ask that members regularly participate in board meetings (eight per year, which includes our Annual Meeting and Board Retreat); actively participate on a committee or task force; and actively support the organization in terms of a personal financial contribution and reaching out to the community for future leaders. We seek members with diverse backgrounds, skills and ethnicities from Anne Arundel, Queen Anne, Caroline, Dorchester, and Talbot Counties either as self-advocates, family members, concerned professionals or public-spirited citizens with a common interest in the rights and well-being of individuals with developmental disabilities and their families. Board meetings are held on an early Thursday morning, approximately every six weeks.

*What You Can Expect in Return:* We are a volunteer board that serves without pay. You will learn about important issues affecting the quality of life and services for people with developmental disabilities. Board members are key contributors to the on-going public policy decisions that affect the lives of more than 1300 people in Anne Arundel, Caroline, Dorchester, Queen Anne and Talbot Counties with developmental disabilities and their families. At the same time, Board members actively participate at the state and national levels through our membership in The Arc of Maryland and The Arc of the United States, the largest nonprofit organization dedicated to people with developmental disabilities.

*If You Would Like to Learn More About Us:* Go to our website [www.thearcccr.org](http://www.thearcccr.org) to learn more about our advocacy and programs or call us at 410-269-1883. Visit our national website for our position statements: [www.thearc.org](http://www.thearc.org).



## Core Values of The Arc

### PREAMBLE

From its beginning, a major strength of The Arc movement has been that parents, family members and volunteers have governed the organization. In recent years, self-advocates have also assumed important roles. Parents, family members, self-advocates and other volunteers are the driving force in The Arc. From the grassroots of The Arc come the dreams, the philosophy that drives the core values, the ability to shape public policy and the mutual support that parents and self-advocates provide for one another.

Core values of The Arc are those values that are subscribed to and pursued at all three levels of The Arc – national, state chapter and local chapters by volunteer and staff leaders.

### THE CORE VALUES ARE:

**People First** The Arc believes that all people with mental retardation and related developmental disabilities have strengths, abilities and inherent value; are equal before the law; and must be treated with dignity and respect. The Arc represents, supports and acts on behalf of individuals and their families regardless of level of disability or membership in The Arc. The Arc believes in self-determination by empowering people with the supports needed to make informed decisions and choices.

**Democracy** A democratic process involving members, through affiliated chapters, is utilized to take positions on important issues, policies and programs.

**Visionary Leadership.** The Arc leads by promoting the mission, core values and position statements. We lead with integrity, accountability, and by open, honest and timely communication. We work with individuals, organizations and coalitions in a collaborative fashion. There is a valued partnership with volunteer and staff leadership at all levels of the organization that provides mutual support for their respective roles.

**Community Participation.** The Arc works toward and believes in the community imperative: that all people have the fundamental moral, civil and constitutional rights to live, learn, work, play and worship in safe and healthy communities of their choosing. The Arc has responsibility to ensure the safety and well being of individuals.

**Diversity.** The Arc values and insists upon diversity in its leadership and membership. The Arc actively pursues and welcomes diverse groups (including but not limited to race, ethnicity, religion, age, geographic location, sexual orientation, gender and level of disability).

**Integrity and Excellence.** The Arc conducts its business with integrity. The Arc reflects quality and excellence in all its work.

Approved by the Delegate Body, October, 2000

**The Arc of the Central Chesapeake Region**  
**Changing Lives, Changing Minds For More Than 48 Years**  
**Nomination for Board of Directors**

Please forward this application to:  
The Arc of the Central Chesapeake Region  
c/o Nominating Committee  
931 Spa Road  
Annapolis, Maryland 21401  
Or fax to 410-269-0091

Or email to [ademoreland@thearcccr.org](mailto:ademoreland@thearcccr.org) with subject line: Nominations.

1. Your Contact Information

Name:

Address:

County:

Telephone:

Email Address:

Age:

Ethnicity:

Are you a member of The Arc of the Central Chesapeake Region?  Yes  No

2. How would you describe yourself – please check **all** that apply:

I am a person with developmental disabilities.

I am a family member of a person with intellectual and developmental disabilities. Please state your relationship – mother, brother, etc. and the age of your family member with intellectual and developmental disabilities.

I am a professional in the field of developmental disabilities. Please state your discipline, position, or other descriptive information.

I am a concerned citizen and wish to contribute my time and talents.

3. Please indicate your professional background and expertise, such as Accounting, Attorney, Fundraising, Marketing, Medical, Financial, etc.

4. Please describe your special interests in disabilities: (Check **all** that apply.)

- |  |  |
|--|--|
| <input type="checkbox"/> Education/Special Education               | <input type="checkbox"/> Housing                         |
| <input type="checkbox"/> Early Intervention                        | <input type="checkbox"/> Transportation                  |
| <input type="checkbox"/> Children's Issues                         | <input type="checkbox"/> Employment                      |
| <input type="checkbox"/> Legal Advocacy                            | <input type="checkbox"/> Health and Medical Care         |
| <input type="checkbox"/> Aging Issues                              | <input type="checkbox"/> Community Services/Waiting List |
| <input type="checkbox"/> Self Advocacy                             | <input type="checkbox"/> Prevention                      |
| <input type="checkbox"/> Governmental Affairs/Legislative Advocacy | <input type="checkbox"/> Other: _____                    |

5. Our mission: The Arc of the Central Chesapeake Region advocates for the rights and respect of all people with intellectual and developmental disabilities by providing resources and inspiring community awareness and action.

Briefly describe what this mission means to you and how you would contribute to the organization's mission as a member of the Board of Directors.

6. Please provide any other information you would like to share about your experience and background for the Nominating Committee or attach a resume.

7. I have reviewed the Core Values of The Arc and will support these values.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Thank you very much for your interest in The Arc of the Central Chesapeake Region!  
Questions? Call 410-269-1883.