



September 19, 2010

Please complete this form and send it to **The Arc of the Central Chesapeake Region, 931 Spa Road Annapolis, Md. 21401**– By September 15, 2010. Registrations will also be accepted on the day of the event.

Participants can run as a team or independently. First 100 registrants will receive free performance tee.

PLEASE PHOTOCOPY THIS FORM AS NEEDED/OR FIND ONLINE AT WWW.THEARCCCR.ORG

Participant's Name _____

Company/Team Name _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

Age as of 9/19/10 _____ Sex M F

Total # of Participants _____ Shirt Size S M L XL XXL



YES! I want to be a **superhero** and promote acceptance and inclusion of all people with developmental and intellectual disabilities.

I will participate in the 5K Run/Walk
 Registration - \$25.00* X _____ participants = Total \$ _____
**Free with \$50 in pledges.*

I will participate in the 1Mile Walk/Wheel
 Registration - \$15.00* X _____ participants = Total \$ _____
**Free with \$50 in pledges.*

I cannot participate in the Run, but still want to be a **superhero**! Please accept my donation to support the advocacy for and acceptance of people with developmental and intellectual disabilities:

\$10 \$20 \$50 \$100 Other _____

I have enclosed a check for my registration fee or donation. _____ (Please make checks payable to *The Arc CCR*)

Please charge my credit card: Visa MasterCard American Express

No. _____ Exp. Date _____

Signature _____

Waiver: In consideration of me and/or my minor child being permitted to participate in The Arc's Inaugural *Run for a Reason*, I hereby—for myself, my heirs and personal representatives—assume any and all risks which might be associated with the event. I further waive, release, discharge and covenant not to sue **The Arc of the Central Chesapeake Region**, its officers, employees, sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child as a result of taking part in the events and any related activities. I also authorize the use by **The Arc of the Central Chesapeake Region**, of any photo, film or videotape taken of me or my minor child at the event for any purpose.

Signature _____

Date _____

THIS REGISTRATION IS NOT VALID UNLESS SIGNED.



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Buy a **"Superhero"** in memory or honor of someone you love.

"Superheroes" may be purchased prior to the day of the race by simply filling out the information below:

We will be placing **Superheroes** all along the running and walking route in celebration of the success of those with developmental disabilities, their caregivers and families.

Purchase 1 Superhero for \$15.00

Name on **Superhero** _____

Circle one: In Memory In Honor

Your Name _____

Address _____

Phone: _____

Visa Amex
MasterCard Check
_____ Exp. _____

Amount to be charged \$ _____

THANK YOU!

For your support of "Be a Superhero ~ Run for a Reason" 5K and Fun Run

Race Day Schedule:

Registration: 7:30 AM – 8:20 AM

5K and Fun Run Begin: 8:30 AM

Event Ends: 11:00 AM

Parking:

Weem's Field parking lot (across from the pump station) will be partially reserved for those with disabilities. If this lot is full, you will be directed to Maryland Hall Parking lot. From there, you can walk down the hill to The Arc. Thank you for your participation!